

Join the Conversation!

*The peer-hosted **Sharing Circle** is a safe and easy place to connect with one another to discuss your questions, share helpful hints, or simply listen to others who understand your journey. No set topic, just free-flow talk. When you're ready to speak, say your name.*

Tuesdays 7-8:30pm Eastern time zone

Dial In Number: 1 (605) 475-6190 Access Code: 636494#

Call Layout:

(Eastern time zone)

7:00pm Call in and say your name for Caller Announcement.

7:10pm Caller Announcement is turned off.

If you come in after this time, it is likely someone is mid-thought or mid-sentence.

Please remember, you are joining a conversation that is already going and use the same courtesy you would if you were joining a conversation in person.

8:25pm Closure begins

8:30pm Call ends

Beware of background noise: *wind, barking dogs, crying babies, people talking, doing dishes, television, a speaker phone, and static from poor cell connections can make it difficult for others to hear. Use *6 to mute & unmute.*

Thanks for being mindful and considerate of the group.